

# Welcome to The Springs

## An Exceptional Memory Care Community

Welcome to Memory Care at The Springs. Peace of mind and a loving commitment to care is what your family and loved ones will find in abundance in our community. We know each Resident comes to us with unique needs and a wealth of experiences. Our dedicated 24-hour Care Staff works closely with your family to build a relationship of trust with each Resident by helping them stay connected to their own “life story”.



## A Place to Call “Home”

The Springs embraces a Person-Centered model of care which allows us to develop a custom-tailored Service Plan that supports individual interests and abilities. Residents build on their strengths through fitness classes, musical entertainment, creative art expression, community trips and leisure activities. Our wide range of activities and home-style setting enhance each Resident’s life experience at The Springs. The result is a highly personalized care program to serve the body, mind and spirit of each of our Residents.

*Our model of care recognizes the importance of person-to-person support for Residents.*

## Comforting Care for Your Family and Loved One

- 24-hour access to care and oversight
- Promote Resident’s sense of dignity and well-being
- Routine assistance with activities of daily living
- 24-hour Staff Response System
- Thorough screening, assessment and Service Plan
- Comprehensive evaluations
- Medication management and pharmacy services
- Schedule of diverse and stimulating activities/entertainment
- Healthy meals served restaurant style, with varied menus
- Scheduled transportation
- Housekeeping and Laundry services
- All utilities (except phone and cable)

## Commitment to Excellence

Our promise is to provide a level of quality service that will ensure our Residents enjoy the lifestyle they so richly deserve. Our satisfaction comes from knowing we’ve met or exceeded the quality of care Residents expect from The Springs. We value the trust our Residents place in us. We are committed to providing superior service, a friendly, caring Staff, and our innovative approach to *Exceptional Memory Care* for our Residents.



6102 Grand Court Road ■ San Angelo, TX 76901  
325-224-3040 ■ [www.TheSpringsTX.com](http://www.TheSpringsTX.com)

ALF# 105285



# Our Rewarding Lifestyle

## *Compassionate care and a purpose-filled lifestyle*

### **Active, Fun and Friendly!**

We understand how important the comforts and rhythms of life can be to those who have dementia or Alzheimer's. Each day is filled with a Resident's familiar routine. From sunrise to sunset, days are centered around engaging Residents to share their "life story." With an approach to Memory Care that greets every day like a reunion of good friends and family, we're very proud of the lifestyle and many wonderful features we have to offer Residents, such as:

- **Outstanding Resident-Focused Services**
- **An Emphasis on Peace of Mind and Worry-Free Living**
- **A Vibrant Calendar of Daily Events and Activities**
- **Exceptional Dining and Social Programming**
- **Classes for the Arts and Creative Expression**
- **Senior-Friendly Fitness Classes and More!**

*There's nothing we love more than to see smiles on the faces of our wonderful Residents*

While our highly trained Staff encourages participation in a number of creative and interesting activities throughout each day, The Springs also affords plenty of discretionary time for Residents to choose how they want their day to flow. Our daily lifestyle experience is purposeful and

dedicated to improving Resident lives in body, mind and spirit. The Springs is a place where loved ones can easily connect with community, family and friends.



*Each day at The Springs is met with anticipation and meaningful activities to engage our Residents*



### **Sample Activities**

- **Variety of Music and Entertainment**
- **Special Guest Speakers**
- **Movie Matinees**
- **Engaging Social Outings**
- **Your Favorite Games**
- **Discussion and Study Groups**
- **Volunteer Opportunities**
- **Religious Services**
- **Special Family Events and Dinners**
- **Cultural Events**



6102 Grand Court Road ■ San Angelo, TX 76901  
325-224-3040 ■ [www.TheSpringsTX.com](http://www.TheSpringsTX.com)

ALF# 105285



# Amenities and Services

## Encouraging Lives and Enriching Lifestyles Every Day

The Springs is uniquely positioned to focus on highly personalized care and services to fit the lifestyle and expectations of the wonderful community we serve. A comfortable setting with meaningful personal attention, and an opportunity to establish your home in your community of choice, is the emphasis of The Springs.

We invite you to experience the peace of mind and worry-free lifestyle that our community provides its Residents and their families. Our 24-hour Personal Care Staff is committed to serving the needs of our Residents. That's our privilege and delight. There's no better place to experience Exceptional Memory Care than at The Springs.

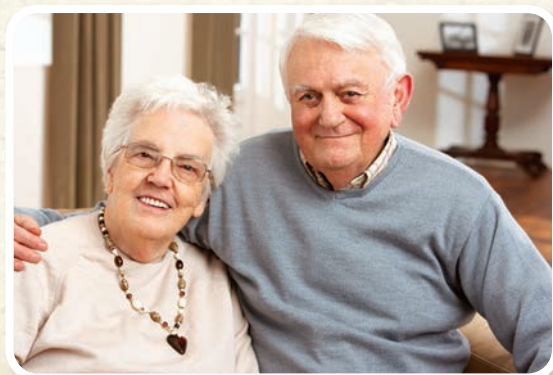


## The Springs ~ Amenities

- Spacious Social and Sitting Areas
- Home Style Dining
- Beautifully Landscaped Courtyard
- Senior-Friendly Exercise Classes
- Planned Excursions
- Relaxing Patio
- Classes for Arts | Creative Expression
- All Utilities (except phone and cable)
- Entertainment and Family Events
- On-site Barber/Beauty Salon
- Religious Services
- Pet-Friendly Therapy

## The Springs ~ Services

- Scheduled Transportation
- Concierge Services
- Medication Management
- Emergency Response
- Laundry Services
- Housekeeping
- Diverse Social Programming
- Salon Services
- Apartment Maintenance
- Resident Calendar/Newsletter
- 24-hr. Personal Care Staff
- And So Much More!



6102 Grand Court Road ■ San Angelo, TX 76901  
325-224-3040 ■ [www.TheSpringsTX.com](http://www.TheSpringsTX.com)

ALF# 105285



# Dining Services

## *Healthy, home-style meals are sure to please*

Let the aroma of Rotisserie Chicken and Egg Noodle Soup or Herb Grilled Asparagus or Banana Pudding Pie whet your appetite for what is undoubtedly a favorite, if not *the favorite* feature of our community for Residents... our Southern hospitality inspired dining experience.

The Springs takes great pride in offering our Residents healthy home-style meals that do more than nourish, but offer an "Adventure in Dining" through nutritiously balanced dinner menu choices with our ever-attentive dining service. Bon Appétit!



**You are invited to join us for a complimentary meal and tour of our beautiful community!**



### SAMPLE DINNER MENU

#### **Breaded Baked Fish**

Norwegian cod fish lightly breaded in crushed buttered crackers with our house made caper tartar sauce over wild rice pilaf with steamed fresh snow peas

#### **Slow Cooked Pot Roast**

Tender prime cut of beef slow roasted with peppered beef gravy served with skin-on red bliss potatoes and seasoned broccoli florets

#### **Apricot-Ginger Glazed Ham**

Apricot and ginger infused glazed ham with savory sweet potato sauté and garlic wilted spinach

#### **Sweet Tea Brined Grilled Chicken**

The South rises from the grill with this melt-in-your-mouth chicken served with caramelized onion scalloped potatoes and minted steamed peas

#### **Dessert of the Day**

Freshly Baked Cherry Pie  
Angel Food Cake with Fresh Fruit

#### **Beverages**

Fresh-brewed Coffee, Decaffeinated Coffee or Tea,  
Iced Tea, Lemonade, Fruit Juices



## **Good Nutrition**

### *Dining at its best*

Good nutrition is an essential part of a healthy lifestyle. Breakfast, lunch and dinner have been planned with variety and moderation in mind, and to achieve a well-balanced diet. Residents of The Springs enjoy receiving three meals daily, with assistance as needed.

*Feel free to ask any questions you may have about our popular dining service.*



6102 Grand Court Road ■ San Angelo, TX 76901  
325-224-3040 ■ [www.TheSpringsTX.com](http://www.TheSpringsTX.com)

ALF# 105285



# Companion

*A spacious shared apartment with room to relax*



## APARTMENT FEATURES

- 24-hour assistance and Staff call
- Individually-controlled heat and air conditioning
- Walk-in shower
- Maintenance-free
- Weekly housekeeping
- Weekly laundry service
- Personal closet
- Linen storage



377 sq. ft.

Apartment No.: \_\_\_\_\_

Monthly Rate: \_\_\_\_\_



6102 Grand Court Road • San Angelo, TX 76901  
325-224-3040 • [www.TheSpringsTX.com](http://www.TheSpringsTX.com)

ALF# 105285



# Private

*A cozy studio that's warm and inviting*



## APARTMENT FEATURES

- 24-hour assistance and Staff call
- Individually-controlled heat and air conditioning
- Walk-in shower
- Maintenance-free
- Weekly housekeeping
- Weekly laundry service
- Personal closet
- Linen storage



276 sq. ft.

Apartment No.: \_\_\_\_\_

Monthly Rate: \_\_\_\_\_



6102 Grand Court Road ▪ San Angelo, TX 76901  
325-224-3040 ▪ [www.TheSpringsTX.com](http://www.TheSpringsTX.com)

ALF# 105285



# Funding Resources

## Helpful Funding Resources

The Springs understands many of the financial considerations and challenges that seniors and their families face when considering a move into a senior living community. To help you explore alternative financing sources, here are a few helpful ideas:

### Unsecured Loan

This can be an effective way to provide immediate funds to pay the up-front and continuing costs of a senior living community prior to the sale of a senior's home. Working much like a bridge loan or cash advance from a credit card, the loan, once approved, is set up like a line of credit in amounts ranging from \$3,000 to \$50,000. Families determine how much is needed each month, and then funds are transferred directly to the bank account of the senior community. Terms for repayment vary.



### Veteran Services

The Veterans Administration can provide wartime veterans and surviving spouses of wartime veterans with a special monthly

pension benefit called Aid and Attendance, which can be used to defray some of the costs of living in a Memory Care community. For more information, please visit: [www.benefits.va.gov/pension](http://www.benefits.va.gov/pension)

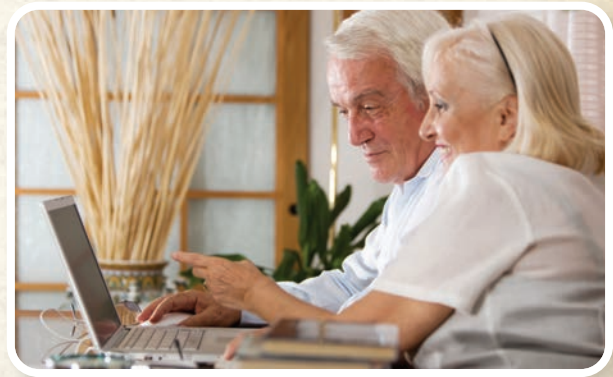
The Springs can provide you with a list of preferred providers or referrals for many of these funding resources. As with any funding decision, we encourage you to seek guidance from your financial advisor.

**For more information, contact our leasing office:  
325-224-3040**

### Long-Term Care Insurance

Helps provide for the cost of long-term care beyond a predetermined period and is generally not covered by health insurance, Medicare, or Medicaid.

*Check with your insurance company or agent about coverage you may be eligible to receive.*



### Life Settlements

Funds for senior housing and long term care can also be raised through the Life Settlement market. In short, a Life Settlement is the sale of an in-force life insurance policy, while the policy owner is still alive, for an amount much greater than the typical cash surrender value. The process is straightforward and typically takes 30 to 60 days to complete. A Life Settlement may be an attractive alternative to the rushed sale of a home or the liquidation of a more dearly held asset.



6102 Grand Court Road ▪ San Angelo, TX 76901  
325-224-3040 ▪ [www.TheSpringsTX.com](http://www.TheSpringsTX.com)

ALF# 105285



# All-Inclusive Fee Schedule

## Memory Care You Can Trust

The Springs offers All-Inclusive Memory Care Services that create a reassuring and stable living environment. The All-Inclusive rate means NO additional fees for care.\* Our person-centered model of care allows us to develop a custom-tailored Resident Plan that supports individual interests and abilities.

### Memory Care Apartments

**Companion Suite** \$ Please call for rate information  
(Semi-Private)

**Private Suite** \$ Please call for rate information



### Our Comprehensive Care Includes:

- Activities of daily living
- Comfort of 24-hour Staff
- Scheduled transportation
- Meals and snacks
- Medication supervision
- Escort assistance
- Prompting and redirecting
- Maintenance-free living
- Vibrant social programming
- Housekeeping and laundry
- All utilities (except phone and cable)
- Enjoyment of all the features and amenities of our wonderful community



To determine how we can best care for the unique needs of each resident, our staff works very closely with your family. Together, an assessment is conducted to create a personal Service Plan. Additional services may include medication assistance, support with activities of daily living such as dressing, bathing, grooming, escort assistance, dining assistance, transfer assistance, prompting, redirecting, ambulation assistance, and incontinence care. The Springs prides itself on being an "Aging in Place" community, which allows our residents to age with dignity and grace.

This rate is valid for \_\_\_\_\_ days.

Date: \_\_\_\_\_ Initials \_\_\_\_\_

\* Incontinence Care will be an additional charge.



6102 Grand Court Road ■ San Angelo, TX 76901  
325-224-3040 ■ [www.TheSpringsTX.com](http://www.TheSpringsTX.com)

ALF# 105285

